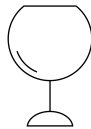


CHICKEN & APPLE SALAD



INGREDIENTS

- 6 ounces salad mix (romaine and spring mix)
- 1 ounce Creamy Granny Smith Apple
- Vinaigrette (recipe follows)
- 4 to 5 oz. grilled or pan-seared boneless chicken breast or thigh (sliced and served warm)
- 5 or 6 Fuji apple slices
- 1 1/2 ounces large blue cheese crumbles
- 1 ounce candied pecans (recipe on page 16)
- 3/4 ounce dried cherries
- 1/3 cup [Monin Granny Smith Apple Syrup](#)
- 1/4 cup apple cider vinegar
- 1/4 cup extra virgin olive oil
- 1/4 cup mayonnaise
- 1 1/2 teaspoons Dijon mustard
- 1 teaspoon ground cinnamon
- 1/2 teaspoon kosher salt pinch of cayenne pepper



GLASSWARE

- 16 Culinary



PREPARATION

1. CHICKEN & APPLE SALAD
2. In a mixing bowl, toss the salad mix with the dressing until evenly
3. coated. Place the dressed greens into the

desired serving dish and

4. top (randomly) with remaining ingredients.
5. CREAMY GRANNY SMITH APPLE
VINAIGRETTE
6. Mix all ingredients thoroughly, seal and
shake if needed. Cover and
7. refrigerate. Use to dress salad greens.