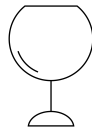


## PUMPKINANA SMOOTHIE



### INGREDIENTS

- 45 ml spiced pumpkin fruit puree
- 15 ml [Monin Pumpkin Spice Syrup](#)
- 1 scoop(s) vanilla whey protein
- 30 ml flax seeds
- 175 ml oat milk
- 1 ea. banana



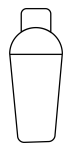
### GLASSWARE

- 16 oz. Mug



### GARNISHES

- Banana Chips, Whipped Cream



### PREPARATION

1. Pour ingredients into a blender cup.
2. Cover with ice cubes.
3. Blend until smooth.
4. Pour mix into a glass.
5. Garnish and serve.